






BLOUNT PEER SUPPORT ACADEMY

MARCH 2023

IN-PERSON CALENDAR

Main Phone Number: 865-373-8210 Feel Free to Call, Text, or Email Shay Boyd at: 865-680-3791 aboyd7@covhlth.com No charge for peer support.

Class or activity description

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|---|
| | February 28 | 1 BPSA Pick up available | 2 Zoom 1PM to 2:30PM | 3 Zoom 1PM to 3:00PM |
| | RIPLEY'S AQUARIUM  | <i>Painting Pottery</i>  1 to 4 | HARBOURS GATE 10 TILL 11 AM <hr/> AFFIRMATIONS ON ZOOM 1 TO 2:30 PM | Fun Friday Zoom 1 to 3 ID# 972 6889 5130 Passcode# 373 8210 |
| 6 | 7 BPSA Pick up available | 8 BPSA Pick up available | 9 Zoom 1PM to 2:30PM | 10 Zoom 1PM to 3:00PM |
| PHONE SUPPORT AVAILABLE – Feel Free To Text or Call Office 865-373-8210 Cell 865-680-3791 | East TN History Museum in Knoxville  1 to 4 | The four agreements  1 to 4 | HARBOURS GATE 10 TILL 11 AM <hr/> AFFIRMATIONS ON ZOOM 1 TO 2:30 PM | Fun Friday Zoom 1 to 3 ID# 972 6889 5130 Passcode# 373 8210 |
| 13 | 14 BPSA Pick up available | 15 BPSA Pick up available | 16 Zoom 1PM to 2:30PM | 17 Zoom 1PM to 3:00PM |
| PHONE SUPPORT AVAILABLE – Feel Free To Text or Call Office 865-373-8210 Cell 865-680-3791 | Movies at Foothills Mall  |  <i>Random Acts of Flowers; Community Service with Knox at Blount</i> 1 to 4 | HARBOURS GATE 10 TILL 11 AM <hr/> AFFIRMATIONS ON ZOOM 1 TO 2:30 PM | Fun Friday Zoom 1 to 3 ID# 972 6889 5130 Passcode# 373 8210 |
| 20 | 21 BPSA Pick up available | 22 BPSA Pick up available | 23 Zoom 1PM to 2:30PM | 24 Zoom 1PM to 3:00PM |
| PHONE SUPPORT AVAILABLE – Feel Free To Text or Call Office 865-373-8210 Cell 865-680-3791 | Tye Dye & Pizza  1 to 4 |  <i>Mystery Outing</i> | HARBOURS GATE 10 TILL 11 AM <hr/> AFFIRMATIONS ON ZOOM 1 TO 2:30 PM | Fun Friday Zoom 1 to 3 ID# 972 6889 5130 Passcode# 373 8210 |
| 27 | 28 BPSA Pick up available | 29 BPSA Pick up available | 30 | 31 Zoom 1PM to 3:00PM |
| PHONE SUPPORT AVAILABLE – Feel Free To Text or Call Office 865-373-8210 Cell 865-680-3791 | Arts and Crafts at the center 1 to 4  | 11:15am – 1:30 pm Knoxville Symphony Quartet and Quintet Seats are limited. Lunch included.  | Closed Staff Meeting | Fun Friday Zoom 1 to 3 ID# 972 6889 5130 Passcode# 373 8210 |

All activities will be at the Blount Location at 2339 Jones Bend Rd, Louisville, TN 37777 Unless otherwise indicated

INSTRUCTIONS ON HOW TO SIGN UP FOR ACTIVITIES AND HOW TO REQUEST TRANSPORTATION ARE ON THIS SHEET.

Coming in March: More outings, a Tea party, and whatever you decide!! The members help make the calendar.


OUR GROUPS ARE OFFERED FREE OF CHARGE TO ANYONE OVER THE AGE OF 18 WHO LIVES WITH A DIAGNOSABLE MENTAL HEALTH CONDITION OR PAST OR PRESENT SUBSTANCE USE DISORDER

HOW TO PARTICIPATE IN PERSON

Please Note: Schedule Subject to Change

We will provide transportation when available no less than one time per week to each participating member living in Blount county. After you have chosen the group you would like to attend you may drive in or request help with transportation. Assistance with transportation may be limited to receiving a gas card.



Barring inclement weather, dates with a  symbol will have additional transportation assistance available. To obtain transportation, please call Shay at 865-373-8210 after 6pm the day before the group or before 9am the day of the group and leave a message with your name and number and that you would like to be picked up. Someone will call you before transportation begins for your group to confirm transport. We must have a completed registration form before we are able to transport you. **For some groups/events, prior sign-up for van transportation will be required. These groups are marked on the calendar.**

Before you attend:

- Please make sure you are clean and free of strong odor as some of our members have allergies to perfumes and colognes.
- Please note that our facilities are Non Smoking Facilities.
- Please refrain from inappropriate clothing with foul language, references to drugs or alcohol, and negative statements. Please make sure all clothing appropriately covers your body. No spaghetti straps or "sagging" will be permitted in our facilities.
- No photography or videotaping is permitted on Peninsula or Peer Support property. This is a violation of our confidentiality policy.



NO-COST SERVICES MADE AVAILABLE THROUGH A GRANT FROM THE

