











BLOUNT PEER SUPPORT ACADEMY

JANUARY 2023

IN-PERSON CALENDAR

Main Phone Number: 865-373-8210 Feel Free to Call, Text, or Email Shay Boyd at: 865-680-3791 aboyd7@covhlth.com No charge for peer support.

Class or activity description				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 BPSA Pick up available	4 BPSA Pick up available	5 Zoom 1PM to 2:30PM	6 Zoom 1PM to 3:00PM
PHONE SUPPORT AVAILABLE – Feel Free To Text or Call Office 865-373-8210 Cell 865-680-3791	Art Class at the Center 1 to 4 	Blount County Library 1 to 4 	HARBOURS GATE 10 TILL 11 AM <hr/> AFFIRMATIONS ON ZOOM 1 TO 2:30 PM	Fun Friday Zoom 1 to 3 ID# 972 6889 5130 Passcode# 373 8210
9	10 BPSA Pick up available	11 BPSA Pick up available	12 Zoom 1PM to 2:30PM	13 Zoom 1PM to 3:00PM
PHONE SUPPORT AVAILABLE – Feel Free To Text or Call Office 865-373-8210 Cell 865-680-3791	Movie at Foothills 	WELLNESS TOOLS & MEMBER INPUT 1 TO 4 	HARBOURS GATE 10 TILL 11 AM <hr/> AFFIRMATIONS ON ZOOM 1 TO 2:30 PM	Fun Friday Zoom 1 to 3 ID# 972 6889 5130 Passcode# 373 8210
16	17 BPSA Pick up available	18 BPSA Pick up available	19 Zoom 1PM to 2:30PM	20 Zoom 1PM to 3:00PM
PHONE SUPPORT AVAILABLE – Feel Free To Text or Call Office 865-373-8210 Cell 865-680-3791	UT Extension Eat Smart, Move More 1 to 4 	Bowling 1 to 4 at Crest Bowling Alley 	HARBOURS GATE 10 TILL 11 AM <hr/> AFFIRMATIONS ON ZOOM 1 TO 2:30 PM	Fun Friday Zoom 1 to 3 ID# 972 6889 5130 Passcode# 373 8210
23	24 BPSA Pick up available	25 BPSA Pick up available	26	27 Zoom 1PM to 3:00PM
PHONE SUPPORT AVAILABLE – Feel Free To Text or Call Office 865-373-8210 Cell 865-680-3791	Mystery Outing 	DECLARATION FOR MENTAL HEALTH CLASS WITH CHAD OF TMHCA 1 TO 4 	CLOSED – STAFF MEETING	Fun Friday Zoom 1 to 3 ID# 972 6889 5130 Passcode# 373 8210
30	31 BPSA Pick up available	1 BPSA Pick up available	2 Zoom 1PM to 2:30PM	3 Zoom 1PM to 3:00PM
PHONE SUPPORT AVAILABLE – Feel Free To Text or Call Office 865-373-8210 Cell 865-680-3791	Eat Smart, Move More 1 to 4 	Bingo & Games 1 to 4 	HARBOURS GATE 10 TILL 11 AM <hr/> AFFIRMATIONS ON ZOOM 1 TO 2:30 PM	Fun Friday Zoom 1 to 3 ID# 972 6889 5130 Passcode# 373 8210

All activities will be at the Blount Location at 2339 Jones Bend Rd, Louisville, TN 37777 Unless otherwise indicated

INSTRUCTIONS ON HOW TO SIGN UP FOR ACTIVITIES AND HOW TO REQUEST TRANSPORTATION OR ARE AS FOLLOWS.

Coming in February: Manners class, More drop-in time, More outings, and whatever you decide! Come to the member input meeting to make suggestions!


OUR GROUPS ARE OFFERED FREE OF CHARGE TO ANYONE OVER THE AGE OF 18 WHO LIVES WITH A DIAGNOSABLE MENTAL HEALTH CONDITION OR PAST OR PRESENT SUBSTANCE USE DISORDER

HOW TO PARTICIPATE IN PERSON

Please Note: Schedule Subject to Change

We will provide transportation when available no less than one time per week to each participating member living in Blount county. After you have chosen the group you would like to attend you may drive in or request help with transportation. Assistance with transportation may be limited to receiving a bus pass.



Barring inclement weather, dates with a  symbol will have additional transportation assistance available. To obtain transportation, please call Shay at 865-373-8210 after 6pm the day before the group or before 9am the day of the group and leave a message with your name and number and that you would like to be picked up. Someone will call you before transportation begins for your group to confirm transport. We must have a completed registration form before we are able to transport you. **For some groups/events, prior sign-up for van transportation will be required. These groups are marked on the calendar.**

Before you attend:

- Please make sure you are clean and free of strong odor as some of our members have allergies to perfumes and colognes.
- Please note that our facilities are Non Smoking Facilities.
- Please refrain from inappropriate clothing with foul language, references to drugs or alcohol, and negative statements. Please make sure all clothing appropriately covers your body. No spaghetti straps or "sagging" will be permitted in our facilities.
- No photography or videotaping is permitted on Peninsula or Peer Support property. This is a violation of our confidentiality policy.



NO-COST SERVICES MADE AVAILABLE THROUGH A GRANT FROM THE

