

PEER SUPPORT ACADEMY OF BLOUNT COUNTY

PROGRAM CALENDAR

September
2019



All services, including transportation when available, are provided to eligible adults **FREE of CHARGE** through a grant from the

SUBJECT TO CHANGE WITHOUT NOTICE



TN Department of
Mental Health &
Substance Abuse Services

(865) 373-8207

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	No regular program	3	Pickups after 3:00 PM	4	Ask about transport	5	Pickups after 8:00 AM	6	Pickups after 1:00 PM
Closed for Labor Day		4:30 PM-7:30 PM Dinner at New Prov & Rec Center		5:30 PM-8:40 PM *Co-occurring Disorders		9:30 AM-12:00 PM Foothills Mall & Library		2:30 PM-6:00 PM Health & Hygiene Class, Wii Bowling, & Member Input Meeting Closed Outreach Grps	
9	No regular program	10	Pickups after 10:30 AM	11	Ask about transport	12	No regular program	13	Pickups after 1:00 PM
Closed Outreach Grps		★ 12:00 PM-3:00 PM Tennessee Valley Fair		5:30 PM-8:40 PM *Co-occurring Disorders				2:30 PM-6:00 PM Make Banner for Championship Games & Celebrate September Bdays	
16	No regular program	17	Pickups after 8:00 AM	18	Ask about transport	19	Pickups after 8:00 AM	20	Pickups after 3:00 PM
Closed Outreach Grps		★ 10:00 AM-2:00 PM Championship Games in Knoxville Lunch is Provided		5:30 PM-8:40 PM *Co-occurring Disorders		9:30 AM-12:00 PM Thrift Store Shopping & Rec Center		4:30 PM- 7:30 PM Movie at the Center Closed Outreach Grps	
23	No regular program	24	Pickups after 3:00 PM	25	Ask about transport	26	Pickups after 8:00 AM	27	No regular program
Closed Outreach Grps		4:30 PM-7:30 PM Dinner at New Prov & Library		5:30 PM-8:40 PM *Co-occurring Disorders		9:30 AM-12:00 PM Walking at Springbrook Park		Closed Outreach Grps	
30	No regular program								
Closed Outreach Grps									

Days with a ★ or * -please see back page for details

LOCATIONS:

Highlighted dates

2339 Jones Bend Rd., Louisville, 37777 (Professional Bldg. next door to Peninsula Hospital)

Non-highlighted dates

Program is held in the community at sites listed.

*A Safe Place Mentally,
Physically and Spiritually*


PROGRAM CALENDAR DETAILS



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Day	September 2019
10	SIGN UP IN ADVANCE! Please join us for the 100th year celebration of the Tennessee Valley Fair! On this day, the admission and ride tickets are free! Please note that only certain rides, vendors, and entertainment will be open and that some rides may be slower than normal. Please bring a lunch or money to buy one at the fair!
17	SIGN UP IN ADVANCE! Please join us at the Championship Games in Knoxville for some friendly competition that includes tug-of-war, racing, and ball toss. There will be awards for the winners and lunch will be provided. Please wear closed toed shoes.

Recurring Program Descriptions

 **COD Night** includes the Wed. 7:40 PM **Co-Occurring Disorders (COD) Group** after Celebrate Recovery-Maryville; free dinner at 5:30 PM and Large Group (optional) at 6:30 p.m. Location: First United Methodist Church, 804 Montvale Station Rd. 37803 Confidential COD group is for adults who have had mental health difficulties with or without a substance use disorder.

INTERESTED IN BECOMING A MEMBER OR VISITING?

- Who is eligible:** Adults 18 and older who've had a mental health disorder and who agree to abide by PSA guidelines.
- Transportation?** Usually available to members and first time visitors within Blount County. Others may drive in.
- Outings?** Members in good standing may attend outings. Ask about other guidelines, including advance sign up.

ANY QUESTIONS?

Call (865) 373-8207

to get information, request a membership application, or make an appointment to visit.

BPSA monthly calendar online at www.peninsulabehavioralhealth.org/blountpsa/