

PEER SUPPORT ACADEMY OF BLOUNT COUNTY

PROGRAM CALENDAR

June
2019



SUBJECT TO CHANGE WITHOUT NOTICE


All services, including transportation when available, are provided to eligible adults **FREE of CHARGE** through a grant from the




TN Department of
Mental Health &
Substance Abuse Services

(865) 373-8207

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	No regular program	4	Pickups after 10 AM	5	Pickups after 9 AM	6	Pickups after 3 PM	7	No regular program
		★ 11:30 AM-4:00 PM Well Body 6/6, Graduation, & TMHCA Speaker (3)		11-2:00, 5:30 PM-8:40 PM Farmer's Market at Market Square		4:00 PM-6:00 PM Library & Dinner at UMC			Closed for Staff Training
	Closed Outreach Grps	*4-6 PM Clothes Closet		*4PM Women's Group @ HG					
				*Co-occurring Disorders					
10	No regular program	11	Pickups after 1 PM	12	Ask about transport	13	Pickups after 10 AM	14	Pickups after 10:30 AM
		2:30 PM-6:00 PM Mall, Rec Center, & Dinner at New Prov Pres		5:30 PM-8:40 PM		★ 11:30 AM-2:00 PM Amerigroup BHAC Lunch Provided		★ 12:00 PM-3:00 PM Swimming at Springbrook Pool	
	Closed Outreach Grps			*Co-occurring Disorders					
17	No regular program	18	Pickups after 9:30 AM	19	Ask about transport	20	Pickups after 9:30 AM	21	Pickups after 2:00 PM
		11:00 AM-2:00 PM Scenic Drive down Foothills Parkway, Walking, & Picnic		4:00 PM-8:40 PM		11:00 AM-3:00 PM Super Bingo, Craft, & Member Input Meeting		★ 3:30 PM- 6:30 PM Summer on Broadway	
	Closed Outreach Grps			*4PM Women's Group @ HG					
				*Co-occurring Disorders					
24	No regular program	25	Pickups after 9:30 AM	26	Ask about transport	27	No regular program	28	Pickups after 10 AM
		11:00 AM-3 PM Movie Day at Center Celebrate June Birthdays		2 PM-8:40 PM *2 PM Crafting Our Recovery *4PM Women's Group @ HG		Closed for Staff Meeting		★ 11:30 AM-2:30 PM Kuumba Festival (African American Culture)	
	Closed Outreach Grps			*Co-occurring Disorders					

On dates showing , each participant is encouraged to bring his/her own lunch. Microwave is available only on days at center.

All attendees, call (865) 373-8207 or number listed by 8 a.m. (or after 5 p.m. the day before) on days you want to participate.

For events starred , signing up in advance is highly recommended. More information on page 2.

Items with asterisk *, please see back page for details

LOCATIONS:

Highlighted dates 

2339 Jones Bend Rd., Louisville, 37777 (Professional Bldg. next door to Peninsula Hospital)

Non-highlighted dates

Program is held in the community at sites listed.

*See Page 2 for more details>>>

PROGRAM CALENDAR DETAILS



SUBJECT TO CHANGE WITHOUT NOTICE

Day	June 2019
21	SIGN UP IN ADVANCE! Please join us for Summer on Broadway in downtown Maryville. There will be entertainment including the Dock Dogs that jump off a platform into a pool of water. Please bring a dinner or money to buy one onsite.
13	SIGN UP IN ADVANCE! Please join us for the Amerigroup Behavioral Health advisory Committee (BHAC). Lunch will be provided. The BHAC is from 12-1:30 at Knox Works 3131 Morris Ave. Knoxville, TN 37909. Speakers will be from Knoxville Leadership Foundation, Helen Ross Mcnaab, Silver Linings, and Disability Rights Advocacy.
14	SIGN UP IN ADVANCE! Join us to swim at Springbrook pool! Please bring a lunch or money to purchase one on site. Please wear a swim suit and bring a towel and sunscreen.

Recurring Program Descriptions (listed alphabetically)

- Clothing Closet Community Service Project**- fold, hang, label clothes with supportive peers to benefit hospital patients. Call 373-8210 by 9 AM if you plan to attend. Refreshments served.
- COD Night** includes the Wed. 7:40 PM **Co-Occurring Disorders (COD) Group**; free dinner at 5:30 PM and Celebrate Recovery (optional) at 6:30 p.m. before group. Location: First United Methodist Church, 804 Montvale Station Rd. 37803 Confidential COD group is for adults who have had mental health difficulties with or without a substance use disorder.
- Crafting Our Recovery Support Group**: create arts and craft projects designed to promote wellness in a peer group where talking about feelings and how to positively steer them is encouraged. Meets monthly. Call 865-373-8210 to sign up.
- Women of Wonder (WOW) Support Group**: For women who have experienced mental health difficulties with or without substance use disorder. Held at 4 PM at the new Harbour's Gate location at Mentor Cmity Park, 2426 Airbase Rd. Snack dinner @ 5 PM. Call 373-8210 by 9 AM day of group for location and details. Group will not be led by BPSA on June 12th.

INTERESTED IN BECOMING A MEMBER OR VISITING?

- Who is eligible:** Adults 18 and older who've had a mental health disorder and who agree to abide by PSA guidelines.
- Transportation?** Usually available to members and first time visitors within Blount County. Others may drive in.
- Outings?** Members in good standing may attend outings. Ask about other guidelines, including advance sign up.

ANY QUESTIONS?
Call (865) 373-8207
 to get information, request a membership application, or make an appointment to visit.

BPSA monthly calendar online at www.peninsulabehavioralhealth.org/blountpsa/