

Are YOU considering a healthier life without tobacco?

Only 4% of all tobacco users are able to quit smoking or using tobacco products without some assistance.

TOBACCO FREE Program

offered by the

Peer Support Academy of Blount County

Group discussion, role playing, and activities are incorporated into meetings led by a Certified Peer Recovery Specialist

When: Mondays, 1:00 – 2:00 p.m.

October 22nd through November 26th

Where: Peninsula Blount Clinic

210 Simmons Street, Maryville, 37801

Off Lamar Alexander Pkwy., Simmons St. is across from New Providence Presbyterian Church

No cost to attend

Free nicotine patches may be available

For more info,

call Sheryl: (865) 373-8210

